Mindfulness meditation and Time perception

December 12th - 13th 2013
Location: University Medical Center Freiburg, Burgunderstr. 5a, Freiburg i. Br.

PROGRAM

Thursday, December 12th
13.00 Get-together lunch
14.00 Effects of mindfulness meditation on cognition, emotion, and self-control
   Stefan Schmidt, Uni Freiburg, Germany
14.45 Mindfulness meditation and the experience of time
   Marc Wittmann, IGPP Freiburg, Germany
15.30 Discussion
16.00 Exploring the self with meditation
   Fabrice Berna, Uni Strasbourg, France
16.45 Body signals, cardiac awareness, and the perception of time
   Karin Meissner, Uni Munich, Germany
17.30 The Libet task revisited from a first-person perspective of a highly experienced meditator
   Han-Gue Jo, Uni Freiburg, Germany
18.15 Discussion
20.00 Dinner

Friday, December 13th
9.30 Ambiguous figures - what happens in the brain when perception changes but not the stimulus.
   Jürgen Kornmeier, IGPP Freiburg, Germany
10.15 Time slices - the dark periods of unconscious feature integration
   Michael Herzog, EPFL Lausanne, Switzerland
11.00 Going from one event to another automatically in time: elementary mechanisms possibly mobilized during meditation?
   Anne Giersch, Uni Strasbourg, France
11.45 Discussion
12.45 Lunch

Organizers: Anne Giersch, Marc Wittmann and Stefan Schmidt

Registration, poster submission and more info on www.neurex.org
or contact: Pascale.Piguet@unibas.ch

Partners: Program Interreg IV Upper Rhine “Transcending borders with every project”, CNRS, INSERM, Université de Strasbourg, Région Alsace, Département du Bas-Rhin, Département du Haut-Rhin, Communauté Urbaine de Strasbourg, Bernstein Center Freiburg, Universität Freiburg, Universität Basel, Kanton Basel-Stadt, Kanton Basel-Landschaft, Confédération Helvétique.

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