

NEUREX ON SLEEP TOUR!

STRASBOURG - FREIBURG - BASEL

SEPT. 6TH AND 7TH 2017

In the Neuroscience field, a same question can be studied from different scopes while trying to pick, out from the perfect Neuroscientist kit, the most optimal tool to check initial hypotheses. In the framework of its NeuroCampus project, Neurex offers its members to take a Tour and visit one lab in each city of the network where scientists work on a same topic with different approaches.



1
TOUR START
SEPT 6TH
STRASBOURG

2
TOUR
SEPT 7TH
MORNING
FREIBURG

3
TOUR
SEPT 7TH
AFTERNOON
BASEL

The Topic of this second Lab Tour will be Sleep & Sleep Disorders.

It will take place on Sept. 6th and 7th 2017. The Tour will start in Strasbourg, follow the Rhine River upstream to arrive in Freiburg and then finish in Basel.

TOUR START / SEPT 6TH / 14H

CIRCSOM
PAVILLON CHIRURGICAL B,
HÔPITAL CIVIL,
1 PLACE DE L'HÔPITAL,
STRASBOURG

PROF. PATRICE BOURGIN

13.45 Welcome coffee

14.00 Patrice Bourgin
Welcome and presentation
of the session

14.15 Group 1 / 15.45 Group 2
Patrice Bourgin & Colleagues
"A research platform to study sleep,
chronobiology and light effect in healthy
subject and neuropsychiatric patient,
from childhood to elderly"
General discussion

14.15 Group 2 / 15.45 Group 1
Visit of research facilities

15.30 Coffee break

TOUR / SEPT 7TH / MORNING

DEPARTMENT OF PSYCHIATRY
& PSYCHOTHERAPY
SLEEP RESEARCH GROUP,
HAUPTSTRASSE 5,
FREIBURG

PROF. DIETER RIEMANN

9.30 Visit of the sleep lab facilities

10.00 Dieter Riemann
"Sleep, insomnia and mental illness"

10.30 Bernd Feige
"Perception of sleep in insomnia"

11.00 Anna Johann/Elisabeth Hertenstein
"Psychotherapy of insomnia -
new developments"

11.30 Lukas Frase
"tDCS stimulation studies and sleep"

12.00 Marion Kuhn
"Sleep and neuronal plasticity"

12.30 Lunch on the bus

TOUR / SEPT 7TH / AFTERNOON

CHRONOBIOLOGY CENTER,
UNIVERSITY PSYCHIATRY CLINIC,
WILHELM KLEIN-STRASSE 27,

BASEL

PROF. CHRISTIAN CAJOCHEN

15.00 Christian Cajochen / Introduction

15.15 Caro Reichert
"Caffeine-induced effects on sleep,
cognitive performance, and underlying
cerebral correlates during adolescence"

15.30 Marlène Freyburger
"Light and circadian physiology,
cognitive performance and well-being"

15.45 Coffee break

16.00 Ruta Lasauskaite
"Lighting effects on effort-related cardio-vascular
response for cognitive and listening tasks"

16.15 Martin Meyer
"Melatonin and Thermophysiology"

16.45 Laurie Thiesse
"Glucose Regulation and exposure
to nocturnal transportation noise"

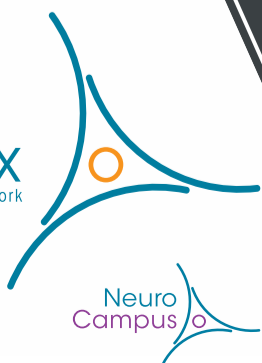
17.30 Ruta Lasauskaite / Marlène Freyburger
Visit of the laboratory

17.45 Apéro

Organizer: **Dr Pascale Piguet**

Registration & more info at www.neurex.org or contact@neurex.org

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neuroscience-upper-rhine-network



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

— Program Interreg V Upper Rhine «Transcending borders with every project», Neurex, CNRS, INSERM, Université de Strasbourg, Région Grand Est, Département du Bas-Rhin, Département du Haut-Rhin, Eurométropole Strasbourg, Hôpitaux Universitaires de Strasbourg, Bernstein Center Freiburg, Klinik für Psychiatrie und Psychotherapie Freiburg, Neurozentrum Freiburg, Universität Freiburg, Universität Basel, Universitäre Psychiatrische Kliniken Basel, Kanton Basel-Stadt, Kanton Basel-Landschaft, Confédération suisse —